

PERUNA

A STANDARD FAMILY REMEDY

For Ordinary Grip;
For All Catarrhal Conditions;
For Prevention of Colds.

An Excellent Remedy

For The Convalescent;
For That Irregular Appetite;
For Weakened Digestion.

Ever-Ready-to-Take

BROOM CORN

HAVE YOU ANY?
WRITE US.

Coyne Brothers
112 W. SOUTH WATER ST., CHICAGO

METZ



Golden Tour Winner

5 Passenger, Gray & \$600
Davis, Electric Lights
and Starter, 25 H. P.

Genetist built climber; 35 to 40 miles on 1 gallon
gasoline. 10,000 miles on one set of tires.
Electric speedometer, one man motor top, 18
in. wheel base, 32 1/2 inch tires, weight 1,000
pounds. METZ Distributors for Colorado,
New Mexico, Wyoming and Western Nebraska.

The Colorado Cartcar Co.
1638 Broadway, Denver, Colorado
LIVE AGENTS WANTED

PATENTS Watson E. Coleman,
Patent Lawyer, Washington,
D.C. Advice and books free.
Main residence: 1114 15th St. N.W.

Unpopular.

"Jiggers doesn't seem to have
many friends."

"He hasn't. Last Saturday he had
three tickets to the football game,
and he couldn't get anyone to go
with him."

His Share.

"Jiggers was around again yester-
day collecting money for his pet
charity."

"Right! I wonder if he ever con-
tributes anything himself?"
"Oh, yes; he furnishes the fountain
pen for the rest of us to write checks
with."

Old Songs.

"Don't you wish the good old songs
could be heard again?"

"Such a thing would be impossible.
With Zeppelins and submarines every-
where, imagine anybody trying to
arouse joyous enthusiasm by singing
'Up in a Balloon, Boys,' or 'Sailing
Over the Bounding Main.'"

Not a Booklover.

After spending the summer in a
mountain hamlet in Tennessee, the
visitor hired a native to help pack up.
As they were engaged in boxing a
shelf of books the mountaineer re-
marked:

"Somehow, ah never keered much
for books; but," he resumed after a
thoughtful pause, "ah can't read, an'
neither that had sumpin' to do wit' it."
—Exchange.

A Powerful Physique

Is a valuable
asset, but—

Strength of body must be
combined with a healthy,
active mind, to make for
success.

It is well established that
both body and brain are
nourished and rebuilt daily
from food—each taking up the
particular elements required.

Grape-Nuts

FOOD

made of wheat and malted
barley, supplies all the rich
nutriment of the grains, in-
cluding the vital mineral
elements necessary for build-
ing stout bodies and active
brains.

Grape-Nuts food not only
supplies rich, well-balanced
nourishment, but is delicious
and easy to digest.

"There's a Reason"

—sold by grocers.

HOMEMADE GIFTS FOR MEN AND GIRLS BY JULIA BOTTOMLEY

Phone Record Made of Linen

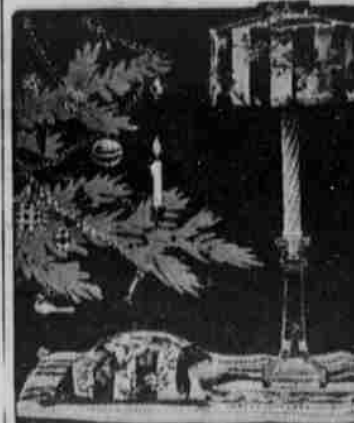


A record for phone calls is a con-
venience that every man will ap-
preciate and a gift that will last indef-
initely. The details for making a phone
list are shown in the picture above.

The cover is made of heavy, un-
bleached linen, cut in a strip about
six inches wide and twelve long. This
is edged with buttonhole stitching in
black embroidery silk. Four eyelot
holes are worked near the center as
shown in the picture. A small spray
of red flowers, with green foliage is
embroidered in one corner and a bor-
der, scroll and "Phone Calls" are done
in outline stitch in black.

This linen cover encloses a tablet
on which names and numbers are writ-
ten. Narrow red ribbon strung through
the eyelots holds cover and tablet to-
gether and forms hangers for suspend-
ing the record.

Pin Cushion and Candle Shade

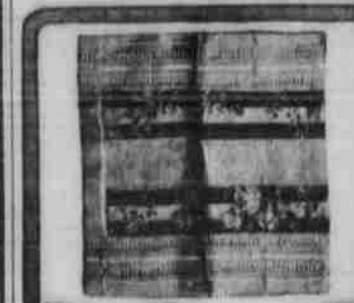


Certain patterns in Cretonne are
suited to dresser scarfs, pin-cushion
covers, slipper bags, candle shades
and other little furnishings that are
required for men's rooms. In the pic-
ture a dresser set is shown, including
a scarf, pin-cushion and candle shade.

The cretonne shows a red rose and
green foliage against a black and
white striped ground. So decided a
pattern is to be most sparingly used,
and the scarf is therefore only bor-
dered with the cretonne. A
square pin-cushion is covered first on
one side with a small square of the
cretonne sewed smoothly over it. For
the other side a considerably larger
square is hemmed about the edges and
pinned over the cushion.

The candle shade is made over a
wire frame and consists of a circular
piece stretched over the top and
sewed to place. A hemmed strip hangs
from the edge of the frame to which
it is sewed.

Pillow Cover and Dresser Scarf



Flowered silk muslin makes pretty
bags, with ribbon hangers matching
the flowers in color. The little bows
are sewed to the bags. The bags hang
at the side of the dressing case for
the convenience of guests.

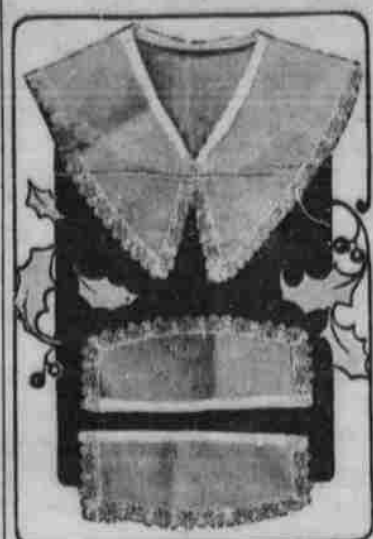
Cretonne is the most effective of
inexpensive materials for making
beautiful gifts. It is at its best in
furnishings for the bedroom.

A pillow cover of cretonne and a
dresser scarf of satin bordered with

it are shown in the picture. The pil-
low cover is finished with a hem all
around, and bound with black braid
about the edges. The open end fas-
tens with snap fasteners.

The dresser scarf suggests the way
in which these strong, brilliant pat-
terns should be used. A band of the
cretonne is stitched along each side,
leaving most of the surface white, as
a background for the pincushion of
other articles that may be covered
with the cretonne.

Collar and Cuff Set for Christmas



Quaker collar and cuff sets of or-
gandie are easily made and among the
most fashionable of dress accessories.
They make charming Christmas gifts,
and may be made at small cost.

Sheer materials, in cotton or linen,
are used to make them, with hem-
stitching, narrow lingerie laces or
embroidery in small sprays forming
the decorative features. A quaker set
edged with cluny lace is shown in the
picture.

Gauze Bag Holding Puff Balls



Gauze bags, made to hold individ-
ual powder puff balls, are among the
popular new fads that make lovely
Christmas gifts. They are made of
chiffon, silk muslin or gauze, gathered
over a silk-covered embroidery hoop.
Hangers of light satin ribbon are
fastened at each side of the hoop with
a rosette.

The balls, of absorbent cotton, are
finished with tiny bows of baby rib-
bon matching the hangers in color.
As soon as used they are thrown
away.

Flowered silk muslin makes pretty
bags, with ribbon hangers matching
the flowers in color. The little bows
are sewed to the balls. The bags hang
at the side of the dressing case for
the convenience of guests.

Strength in Hope.

In spiritual as in earthly things
there is a great strength in hope, and
therefore God's people are careful to
cultivate that grace. A well-grounded
hope that, having been made new
creatures in Jesus Christ, we are his,
that with our names, though unknown
to fame, written in the Book of Life,
we have grace in possession and
heaven in prospect; that after a few
more brief years, pure as the angels
that sing before the throne, we shall
be brought with gladness into the pal-
ace of the king, to be like Christ and
with Christ, seeing him eye to eye
and face to face—such hopes are
powerful springs of action.—Guthrie.

Trust not him that hath once broken
faith.—Shakespeare.

What Started the Quarrel.
Young Wife (at home)—Hello, dear-
est.
Young Husband (at the office)—Hel-
lo, who is it?—Puck.

Superlatively Inconspicuous.
Knicker—Does Jones amount to
much?
Bocker—No more than a horse at
a horse show.

An Improved Quinine, Does not Cause Nervousness nor Ringing in Head

The happy combination of laxatives in LAX-
ATIVE BROMO QUININE makes the Quinine
in this form have a far better effect than the
ordinary Quinine, and it can be taken by any-
one without affecting the head. Remember to
call for the full name, Laxative Bromo Quinine.
Look for signature of E. W. Grove. 20c.

The First Step.
"I'd like to meet a few lively girls.
What would you suggest?"
"Invest \$5,000 in a roadster."

Write Murine Eye Remedy Co., Chicago
for Illustrated Book of the Eye Free.

He Pleased the Baby.
Restaurant Patron (caustically)—I
am glad to see your baby has shut up,
madam.

Mother—Yes, sir. You are the only
thing that's pleased him since he saw
the animals at the zoo.—Puck.

Be happy. Use Red Cross Bag Blue;
much better than liquid blue. Delights
the laundress. All grocers. Adv.

Fair Enough.

"Lend me your automobile this af-
ternoon, will you? I want to take my
girl out for a spin."

"Sorry, old man, but I couldn't trust
anybody else to run that machine. I'll
tell you what we'll do, though. You
lend me the girl."

Honeymooners.

"I just got back from a trip to Ber-
muda. There wasn't a single passen-
ger on the boat besides myself."

"That's strange."
"Not at all. They were all mar-
ried."

Pleasant Work.

"So yes, how a fine job, eh?"
"Sure I ha! I was chief designer
in a pretzel factory!"

The woman whose face is her for-
tune goes broke eventually.

Ten smiles for a nickel. Always buy Red
Cross Bag Blue; have beautiful, clear
white clothes. Adv.

The spotlight often reveals more
imperfections than talents.

Dr. Pierce's Pellets are best for liver,
bowels and stomach. One little Pellet for
a laxative—three for a cathartic.—Adv.

Mean Cat!

"Algernon called on me yesterday
afternoon."
"Yes; he told me he had some time
to kill."—Kansas City Journal.

Speedy.

"I understand young Jiggers has
taken up the pursuit of literature."
"Yes, but he hasn't caught it yet.
Literature is pretty swift nowadays,
you know."

Puzzled.

A little girl in Newcastle, Ind., has
a new baby sister and she has been
somewhat puzzled as to the exact
status of the new arrival in the fam-
ily, says the Indianapolis News. She
had willingly given up her bed, but
something still seemed to trouble her
greatly.

One day she was found surveying
the dining room just at mealtime.
She looked at her own high chair,
then inquired suspiciously of her fa-
ther:

"Where is she going to eat, daddy?"

Running Wild.

"Papa, what is meant by the 'call of
the wild?'"
"Honk-honk!"

Liberalism consists less in giving
much than in giving wisely.

Courage is a plant that cannot be
destroyed by plucking one up.

THE NEWEST REMEDY FOR BACKACHE, RHEUMATISM AND DROPSY

Kidney, Bladder and Uric Acid trou-
bles bring misery to many. When
the kidneys are weak or diseased,
these natural filters do not cleanse
the blood sufficiently, and the poisons
are carried to all parts of the body.
There follow depression, aches and
pains, heaviness, drowsiness, irrita-
bility, headaches, chilliness and rheu-
matism. In some people there are sharp
pains in the back and loins, distressing
bladder disorders and sometimes ob-
stinate dropsy. The uric acid sometimes
forms into gravel or kidney stones.
When the uric acid affects the muscles
and joints it causes lumbago, rheuma-
tism, gout or sciatica. This is the time
to send Dr. Pierce's Invalids' Hotel,
Buffalo, N. Y., 10c for large trial pack-
age of "Anuric."

During digestion uric acid is ab-
sorbed into the system from meat

HAVE YOU A CHILD?

Many women long for children, but because of
some curable physical derangement are deprived
of this greatest of all happiness.

The women whose names follow were restored
to normal health by Lydia E. Pinkham's Vegeta-
ble Compound. Write and ask them about it.

"I took your Com-
pound and have a fine,
strong baby."—Mrs.
JOHN MITCHELL, Mas-
sena, N. Y.

"Lydia E. Pinkham's
Vegetable Compound is a
wonderful medicine for
expectant mothers."—
Mrs. A. M. MYERS, Gor-
donville, Mo.

"I highly recommend
Lydia E. Pinkham's Vege-
table Compound before
child-birth, it has done so
much for me."—Mrs. E.
M. DOERN, R. 1, Con-
shohocken, Pa.

"I took Lydia E. Pink-
ham's Vegetable Com-
pound to build up my
system and have the
dearest baby girl in the
world."—Mrs. MOSE
BLAKELEY, Coalport, Pa.

"I praise the Com-
pound whenever I have
a chance. It did so much
for me before my little
girl was born."—Mrs.
E. W. SANDERS, Rowles-
burg, W. Va.

"I took your Com-
pound before baby was
born and feel I owe my
life to it."—Mrs. WINNIE
TILLIS, Winter Haven,
Florida.

KIDNEY TROUBLE Is a deceptive disease
—thousands have it
and don't know it. If
you want good results
you can make no mistake by using Dr.
Kilmer's Swamp-Root, the great kidney
remedy. At druggists in fifty cent and
dollar sizes. Sample size bottle by Par-
cel Post, also pamphlet telling you about
it. Address Dr. Kilmer & Co., Bingham-
ton, N. Y., and enclose ten cents, also
mention this paper.

Don't Persecute Your Bowels

Cut out cathartics and purgatives. They are
brutal, harsh, unnecessary. Try

**CARTER'S LITTLE
LIVER PILLS**

Purely vegetable. Act
gently on the liver,
eliminate bile, and
soothe the delicate
membrane of the
bowel. Cure
Constipation,
Biliousness,
Sick head-
aches and indigestion, as millions know.
SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

W. N. U., DENVER, NO. 48-1215.

The Only Way.

"So you are saving money?"
"My yes! I'm buying less that I
can't afford than ever before."

Important to Mothers

Examine carefully every bottle of
CASTORIA, a safe and sure remedy for
infants and children, and see that it

Bears the Signature of *Dr. J. C. Fletcher*

In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

It is all right to talk of modest
worth, but the trombone player in-
variably attracts more attention than
the violet.

Not Gray Hairs but Tired Eyes

make you look older than we are. Keep your
Eyes young and you will look young. After
the Mories always Murine Your Eyes—
Don't tell your age.

It isn't so difficult for the average
man to stay married after he gets
used to it.